

**Satori Yoga Studio Announces  
An Artist Reception & Guided Meditation/Crystal Bowl Sound Healing**

**Sunday, March 7<sup>th</sup>  
3:00 – 6:00 PM**

**San Francisco, CA** – Satori Yoga Studio will be hosting a Guided Meditation/Crystal Bowl Sound Healing followed by an Artist Reception on Sunday, March 7<sup>th</sup> between 3:00 - 6:00 PM.

The afternoon's events commence with Nancy Hopps, of Eugene Oregon, leading a Guided Meditation/Crystal Bowl Sound Healing (\$20 suggested donation) from 3:00 to 4:00 PM. Ms. Hopps, an award-winning author, speaker and healer, produces remarkable, ethereal sounds from crystal bowls, soothing the emotions and quieting the mind.

**From 4:00 – 6:00 PM will be an Artist Reception featuring an exhibition of abstract and representational photographs by emerging fine art photographer Elizabeth Bush. All photos are available for purchase. Wine and hors d'oeuvres will be served at this free event.**

**The exhibit will highlight images sampled from Elizabeth's travels to France, Mexico and New Mexico in 2009, as well as from forays closer to home in the San Francisco bay area. The visual impressions that shine through the imagery are expansive and intimate, sentimental and curious, offering insight into both beauty and decay. Ms. Bush brings her unique perspective and 35 years of yoga practice to each thoughtful photograph.**

Elizabeth and Nancy will be on hand during the Artist Reception to meet visitors and discuss their art forms.

Satori Yoga Studio is located in the heart of San Francisco' SoMA District at 40 1<sup>st</sup> Street, between Market and Mission Streets. Open 7 days a week, Satori Yoga Studio, is a top-rated studio offering a variety of Yoga, Pilates, and meditation classes. Satori is a calm oasis above the bustling streets of downtown, restoring a sense of calm to all who enter.

Map:

[Satori Yoga Studio, 40 1st Street, San Francisco, CA 94105](#)